



Join us in 2019! Sky Mountain Institute 100-hour Ecotherapy & Eco-Arts Certificate Training

Rediscovering our Place in the Web of Life

Our program offers a unique blend of Multi-Modal Expressive Arts therapy, Eco-arts, Nature Immersion, Permaculture and Ecology. Creative practices comprise an interrelated cluster of multi-modal symbolic expression, somatic presencing and Permaculture design practices.



Topics, Archetypal Focus & Practices:

April 12-14: *Water. Restoring the Heart:*

Following our Currents - Earth Arts, Water Color Painting, Clay, Shrines.

May 17-19: *Fire. The Creative Fires: Initiatory*

Journeys - Sand Tray, Poetry, Dreams, Creative Embodiment.

June 14-16: *Air. Kinship with all Life:*

Mask-making, Council of All Beings.

Training hours: *Fri* 6 - 9:30pm . *Sat* 9am - 5pm . *Sun* 9am - 5pm

Fee: \$1275 Complete 100-hr Certificate Program: April, May, June
\$425 Single Training weekends

Deposit for Registration: \$100. (Deposit applies toward cost of Training and is refundable until 3-weeks before beginning of program.)



Our Program Staff:

- **Laura (Lali) Mitchell, PhD, MFT:** Depth Psychology, Expressive Arts & EcoArts Therapy, Ecopsychology, Artist.
- **Sophia Reinders PhD, MFT, REAT:** Somatically-Oriented Jungian Psychology, Expressive Arts & Ecopsychology.
- **Alden Hough:** Certified Permaculture Designer, Mindfulness & EcoTherapy Instructor.

Location: Sky Mountain is located in scenic Harmony Grove Valley on a 7-acre permaculture - water-harvesting farm.

2855 Cordrey Dr., Escondido, CA 92029

51 CE Units for MFT, LCSW, LPCC & LPE's - 100 hr. toward REAT or REACE certification with IEATA
Limited low-cost accommodations & free camping. Some scholarships may apply

REGISTER NOW: www.skymountain.org/html/certification.html

Contact Laura Mitchell, Director of Sky Mountain Institute,
760.745.9819 or skymountain1981@gmail.com